

Dear KAH families,

We hope that you have been enjoying the excellent quality and variety of foods Garden Steaks has been bringing! Please communicate any specific feedback including major likes/ dislikes of the food provided to our students. Garden Steaks is incredibly open and have been taking all of our notes seriously and have been quickly adjusting menu items to create the best responses from our students.

We want to remind all of our infant families to be taking advantage of having your child begin tasting our menu items as young as 10months. We would like to begin early exposure to ensure an ease in transitioning once they become toddlers. The goal is that by the time they are 1, they will begin easing off of their food from home and beginning to eat more foods together, family style at school. Please see the attached April Menu and your teachers or administration for the most recent menus if needed for the upcoming months.

For our older students, we would like to remind you that our goal is to not only help our students soar cognitively, but we take everything they are going through developmentally into consideration. This includes eating habits, independence, and self-help skills which are associated with our menu and practices in eating and maintaining healthy habits. Please read our attached article that describes our philosophy and recent research on how to best expand children's exposure and likings to a variety of foods including our menu.

Warm regards,

Jenelle Tuttle, M.Ed.
Center Director

Gina Palmiero, M.A.
Center Assistant Director

Eco-friendly Family

As working parents, we can sometimes get overwhelmed with all the things we need to do for our children each day. As a result, planning eco-friendly activities at home may just fall off the list. What's a busy parent to do?

Our teachers have compiled a list of easy activities that you can incorporate into your daily routine that promote eco-awareness without adding hours to your schedule. Challenge yourself to do just one of these, and you'll know you're at least doing something toward the larger goal of a greener planet.

- Save the leftovers from your daily cup of joe. Coffee grounds make a great mineral-rich fertilizer and can also deter garden pests. Even if you don't have your own garden, offer them to a friend or take them to the park. Explain the reasons to your child, and allow him to sprinkle the "coffee dirt" when the container is full.
- Encourage your children to gather toys and books they no longer enjoy and go together to donate them to your local thrift store. Establish a designated "donation station" with a labeled box and collect items throughout the year. Modeling eco-friendly behavior is a terrific way to teach your children, making it part of their life.
- Encourage re-purposing of items you have used, giving them new life. Paper towel rolls, empty cereal boxes and old maps can all make great art project materials. For more eco-friendly art project ideas, visit our Kiddie Academy Pinterest page.

For more information visit www.kiddieacademy.com.

Happy Birthday!

Ms. Phyllis	Friday the 1st	John P.	Tuesday the 12th
Ethan B.	Tuesday the 5th	Mason B.	Tuesday the 12th
Emilio B.	Saturday the 9th	Ms. Emily P.	Thursday the 28th
Amelie K.	Saturday the 9th		

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Garden Steaks

Food Bite

Monthly, our catering company, Garden Steaks, will be providing you with a Food Bite. The Food Bite is a brief write-up intended to keep all families in the loop, discussing the menu and other food

Menu Items

Please take a look at our April 2016 Garden Steaks menu and continue to provide us with your feedback about the new menu food items. We take all feedback into consideration when creating our monthly menu and would greatly appreciate your input. Thank you!

Family Style Dining & Eco-Friendly Serveware

All of our meals will continue to be served family-style here at KAH. We are also happy to say that we are taking a more eco-friendly approach to dining, and using sets of reusable plates during meal times! They are washed and sanitized between each use, and we are proud to be helping conserve paper and reduce waste! **Happy Earth Day!**

KAH Parent Reminders –

Earth Day is **Friday the 22nd!** Please help us help our planet by recycling! Please find Recycling Boxes made by our KAH students later this month which will be located in our Lobby.

Please also help us by donating any clean and useable play kitchen material for our classroom Dramatic Play areas, such as empty boxes and tins- this can be brought directly into our child's classroom or given to administration for distribution.

As per usual, tuition payment will be due between Monday the 25th and Wednesday the 27th of this month.

April Photos of the Month

Spring has sprung here at Kiddie Academy of Hoboken!



Peek-A-Boo, spring is here!



Painting clouds to help the flowers grow.



Spish splash, we are excited to play in water again!

Classroom Updates

Infants Wind Chimes

Teachers: Ms. Hilda, Ms. Emily, Ms. Norma, and Ms. Jennifer

Monday the 25th:

Dress up in your favorite spring colors

What are we learning this month?

- Sign Language Words
 - tree, rain, birds
- Spanish Words
 - tree, rain, birds

Our latest favorite songs to sing:

- "Rock-A-Bye Bear"
- "Rain, Rain Go Away"
- "Rain Drops"

New Teachers and Students:

Welcome back, Ms. Norma! Welcome, Ms. Jennifer!

Welcome Harrison, Jack, and Anthony!

Toddlers Pianos

Teachers: Ms. Yelitsa, Ms. Khalia, Ms. Valeria

Due by Monday the 18th:

Family Picture Collage

What are we learning this month?

- Sign Language Words
 - I love you, mommy, milk
- Spanish Words
 - hi, water, milk

Our latest favorite songs to sing:

- "If You're Happy and You Know It"
- "Alphabet Song"
- "Hokey Pokey"

New Teachers and Students:

Welcome, Ms. Yelitsa and Ms. Valeria!

Welcome, Amelie and Veer!

Infants Ukuleles

Teachers: Ms. Phyllis, Ms. Ashley

Friday the 15th:

Crazy Sock Day

Friday the 22nd:

Pajama Day

What are we learning this month?

- Sign Language Words
 - all done, more, milk
- Spanish Words
 - all done, more, milk

Our latest favorite songs to sing:

- "A Ring a Roses"
- "Aloutte"
- "Five Little Ducks"

Toddlers Xylophones

Teachers: Ms. Megan, Ms. Liz

Friday the 22nd:

Dress in the colors of the rainbow for a special day of planting flower seeds!

What are we learning this month?

- Sign Language Words
 - water, rain, spring
- Spanish Words
 - water, rain, spring

Our latest favorite songs to sing:

- "Rain, Rain Go Away"
- "It's Raining, It's Pouring"
- "The Itsy Bitsy Spider"

Preschool 1 Tambourines

Teachers: Ms. LeTasha, Ms. Lamaris, Ms. Alecia

Friday the 29th:

Book Day - bring in your favorite story from home to read

Monthly theme:

- Learning About our Body Parts

What are we learning this month?

- Sign Language Words
 - good morning, listen, thank you
- Spanish Words
 - eyes, nose, mouth

Our latest favorite songs to sing:

- "Head, Shoulders, Knees and Toes"
- "I'm a Little Teapot"
- "Where is Thumbkin?"

New Teachers and Students:

Welcome, Sasha, Edden, Sarah, Jean, and Valentina! Welcome back, Viviana!

After-Care Saxophones

Teachers: Ms. Sonal, Ms. Pamela

Friday the 29th:

Bring in seeds of your choice to plant!

Monthly theme: Spring

What are we learning this month?

- Sign Language Words
 - rain, flower, tree, spring, water
- Spanish Words
 - rain, flower, tree, spring, water

Our latest favorite songs to sing:

- "Rain, Rain Go Away"
- "It's Raining, It's Pouring"

Preschool 2 Trumpets

Teachers: Ms. Sophy, Ms. Elisa, Ms. Juanita

Tuesday the 26th:

Trip to Hoboken Terminal train station - please come along to chaperone! Permission slips to be distributed soon.

Monthly theme:

- Transportation

What are we learning this month?

- Sign Language Words
 - car, airplane, train
- Spanish Words
 - car, airplane, train

Our latest favorite songs to sing:

- "Row, Row, Row Your **Boat**"
- "Wheels on the **Bus**"
- "**Traffic** Light" (to the tune of "Twinkle, Twinkle")

New Teachers and Students:

Welcome back, Ms. Elisa!



Kiddie Academy® of Hoboken Calendar

April 2016

Sun Mon Tue Wed Thu Fri Sat

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15 Ukuleles: Crazy Sock Day	16
17	18 Pianos: Family Picture collage due	19	20	21	22 Happy Earth Day! Ukuleles: Pajama Day Xylophones: Dress in the colors of the rainbow	23
24	25 Wind Chimes: Dress up in your favorite spring colors	26 Trumpets: Field trip to Hoboken Terminal train station - please come along as a chaperone!	27	28	29 Tambourines: Bring in your favorite story from home Saxophones: Bring in seeds to plant	30