

May 2021 Menu

May 3 - May 7	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Cereal, Fresh or Chilled Fruit and Milk	Toasted Waffle Square w/ Maple Syrup, Fresh or Chilled Fruit and Milk	Cinnamon Oatmeal w/ Fresh or Chilled Fruit and Milk	Buttermilk Pancakes w/ Maple Syrup, Fresh or Chilled Fruit and Milk	Warm Blueberry Muffins and Milk
Lunch	Baked Chicken Nuggets, Fresh Broccoli Florets , Fresh of Chilled Fruit and Milk	Chicken and Cheese Quesadillas, Sweet Yellow Corn, Fresh or Chilled Fruit and Milk	Chicken w/ Mixed Veggies & Rice, Fresh or Chilled Fruit and Milk	Spaghetti with Fresh Diced Veggies, Fresh or Chilled Fruit and Milk	Turkey & Cheese Subs, Carrots, Fresh or Chilled Fruit and Milk
PM Snack	Wheat Crackers w/ String Cheese and Water	Animal Crackers w/ oranges and Water	Fruit w/ Yogurt Parfait and Water	Tostitos w/ Chunky Salsa and Water	Pretzels w/ fresh fruit and Water
Veggie Alt.	Baked Vegetarian Nuggets	Cheese Quesadilla	Rice w/ Mixed Vegetables	Spaghetti w/ Veggies	Cheese Sub
May 10 - May 14	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Cereal, Fresh or Chilled Fruit and Milk	Warm Apple Muffins and Milk	Whole Grain Cereal, Fresh or Chilled Fruit and Milk	Toasted Waffle Square w/ Maple Syrup, Fresh or Chilled Fruit and Milk	Warm Banana Muffins and Milk
Lunch	Fish Sticks, Fresh Broccoli Florets, Chilled Fruit and Milk	Chicken and Cheese Quesadillas, Sweet Yellow Corn, Fresh or Chilled Fruit and Milk	Tuna Melt Sandwich, Cut Green Beans, Fresh or Chilled Fruit and Milk	Baked Ziti, Cut Green Beans, Fresh or Chilled Fruit and Milk	Chicken w/ Mixed Veggies & Rice, Fresh or Chilled Fruit and Milk
PM Snack	Animal Crackers and Water	Goldfish and Water	Fruit w/ Yogurt Parfait and Water	Fresh oranges, Ritz Crackers and Water	Vanilla Wafers and Water
Veggie Alt.	Baked Vegetarian Nuggets	Cheese Quesadillas	Vegetarian Burrito	Baked Ziti	Rice w/ Mixed Vegetables
May 17 - May 21	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Cereal, Fresh or Chilled Fruit and Milk	Bagel w/ Cream Cheese, Fresh or Chilled Fruit and Milk	Toasted Waffle Square w/ Maple Syrup, Fresh or Chilled Fruit and Milk	Buttermilk Pancakes w/ Maple Syrup, Fresh or Chilled Fruit and Milk	Warm Blueberry Muffins and Milk
Lunch	Macaroni and Cheese, Cut Green Beans, Fresh or Chilled Fruit and Milk	Veggie Refried Bean & Cheese Burrito, Peas, Fresh or Chilled Fruit and Milk	Spaghetti with Fresh Diced Veggies, Fresh or Chilled Fruit and Milk	Chicken Hotdog on a Whole Wheat Bun, Steamed Broccoli, Fresh or Chilled Fruit and Milk	Baked Chicken Nuggets, Fresh Broccoli Florets , Fresh of Chilled Fruit and Milk
PM Snack	Graham Crackers w/ Cream Cheese and Water	Apple Slices w/ Crackers and Water	Tostitos w/ Chunky Salsa and Water	Fresh Sliced Apples, Ritz Crackers and Water	Wheat Crackers w/ String Cheese and Water
Veggie Alt.	Macaroni and Cheese	Vegetarian Burrito	Spaghetti w/ Veggies	Grilled Cheese Toast	Baked Vegetarian Nuggets
May 24 - May 28	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Cereal, Fresh or Chilled Fruit and Milk	Toasted Waffle Square w/ Maple Syrup, Fresh or Chilled Fruit and Milk	Whole Grain Cereal, Fresh or Chilled Fruit and Milk	Bagel w/ Cream Cheese, Fresh or Chilled Fruit and Milk	Warm Banana Muffins and Milk
Lunch	Cheese Pizza, Peas, Fresh or Chilled Fruit and Milk	Fish Sticks, Fresh Broccoli Florets, Chilled Fruit and Milk	Turkey & Cheese Subs, Carrots, Fresh or Chilled Fruit and Milk	Chicken w/ Mixed Veggies & Rice, Fresh or Chilled Fruit and Milk	Baked Ziti, Cut Green Beans, Fresh or Chilled Fruit and Milk
PM Snack	Fruit w/ Yogurt Parfait and Water	Animal Crackers and Water	Pretzels w/ fresh fruit and Water	Fresh Oranges, Ritz Crackers and Water	Cheez-It Crackers and Water
Veggie Alt.	Cheese Pizza	Baked Vegetarian Nuggets	Cheese Sub	Rice w/ Mixed Vegetables	Baked Ziti
May 31 - June 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Kiddie Academy CLOSED In observance of Memorial Day	Whole Grain Cereal, Fresh or Chilled Fruit and Milk	Cinnamon Oatmeal w/ Fresh or Chilled Fruit and Milk	Buttermilk Pancakes w/ Maple Syrup, Fresh or Chilled Fruit and Milk	Warm Blueberry Muffins and Milk
Lunch		Chicken and Cheese Quesadillas, Sweet Yellow Corn, Fresh or Chilled Fruit and Milk	Macaroni and Cheese, Cut Green Beans, Fresh or Chilled Fruit and Milk	Veggie Refried Bean & Cheese Burrito, Sweet Corn, Fresh or Chilled Fruit and Milk	Chicken Hotdog on a Whole Wheat Bun, Steamed Broccoli, Fresh or Chilled Fruit and Milk
PM Snack		Graham Crackers w/ Cream Cheese and Water	Fruit w/ Yogurt Parfait and Water	Tostitos w/ Chunky Salsa and Water	Goldfish and Water
Veggie Alt.		Cheese Quesadilla	Macaroni and Cheese	Veggie Refried Bean & Cheese Burrito	Grilled Cheese Toast

Fresh or Chilled Fruits Include: Apples, Applesauce, Bananas, Cantaloupe, Honey Dew Melon, Mandarin Oranges, Orange Wedges, Peaches, Pears, Pineapple and Watermelon

Age appropriate substitution for children ages 2 and under will be made THIS MENU DOES NOT CONTAIN PEANUT OR NUT PRODUCTS

* Menu Subject to Change *