

November 2018

Compassion. Compassion is our center character value for November. We can teach our children to have compassion. Below are some ways we can help our children to acquire compassion as a character trait.

Be a Role Model - Children may listen to your words, but more importantly, they learn from observing your actions. When you have a chance to practice a random act of kindness, do so! When you encounter a maddening customer service situation, express your displeasure in words that show respect for the dignity of the person you are addressing.

Let Your Child Experience Compassion Firsthand: - While showing compassion to others is a top way to role model this value for your child, allowing your child to experience compassion first-hand is even more meaningful. When your child is hurt or sick, be sure to provide abundant TLCC (tender, loving, compassionate care.) It may sound obvious but tending to your child when he is feeling down or under the weather is the best way to teach him how to show compassion to others.

Talk About Compassion: - Most children can learn about true compassion by seeing and feeling this trait acted out, but when parents talk explicitly about acts of compassion, they communicate its importance as a prized family value. As you watch television or movies with your child, be sure to point out instances where compassion was shown-or should have been shown! Talk about people who particularly need compassion, such as the elderly and children living in poverty.

Read All About It: - Children's stories are often great sources for teaching young people specific values. Children's books are great for providing a window into the experiences of others. Charlotte's Web is a great, classic tale that highlights friendship and compassion. For older kids, check out biographies of famous figureheads of compassion, such as the Dalai Lama or Florence Nightingale.



HAPPY BIRTHDAY!

Maurice	11/3	Jade	11/22
Taraoluwa	11/4	Simon	11/23
Laila	11/5	Akinfolajimi	11/27
Eva	11/10	Ms. Shadawn	11/26
Danielle	11/12	Mrs. Fleming	11/28
Austin	11/18		

Thanksgiving

Thanksgiving Day is traditionally a day for families and friends to get together for a special meal. The meal often includes a turkey, stuffing, potatoes, cranberry sauce, gravy, pumpkin pie, and vegetables. Thanksgiving Day is a time for many people to give thanks for what they have.

Thanksgiving Day parades are held in some cities and towns on or around Thanksgiving Day. Some parades or festivities also mark the opening of the Christmas shopping season. Some people have a four-day weekend so it is a popular time for trips and to visit family and friends

Thanksgiving Day has been an annual holiday in the United States since 1863. Not everyone sees Thanksgiving Day as a cause for celebration. Each year since 1970, a group of Native Americans and their supporters have staged a protest for a National Day of Mourning at Plymouth Rock in Plymouth, Massachusetts on Thanksgiving Day. American Indian Heritage Day is also observed at this time of the year.

There are claims that the first Thanksgiving Day was held in the city of El Paso, Texas in 1598. Another early event was held in 1619 in the Virginia Colony. Many people trace the origins of the modern Thanksgiving Day to the harvest celebration that the Pilgrims held in Plymouth, Massachusetts in 1621. However, their first true thanksgiving was in 1623, when they gave thanks for rain that ended a drought. These early thanksgivings took the form of a special church service, rather than a feast.

In the second half of the 1600s, thanksgivings after the harvest became more common and started to become annual events. However, it was celebrated on different days in different communities and in some places, there were more than one thanksgiving each year.

George Washington, the first president of the United States, proclaimed the first national Thanksgiving Day in 1789.



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NOVEMBER

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4 Daylight savings time ends Set clock back 1 hour	5	6 Election Day 	7	8	9	10
P a r e n t T e a c h e r C o n f e r e n c e s						
11	12 Veteran's Day Staff Development Day Center Closed	13	14 Annual Thanksgiving Luncheon 	15 Picture Day Pooh Bears, Suncatchers, Busy Bees, Honey Bears, & Kangaroos	16 Picture Day Panda, Rainbow & Curious George	17
18	19	20	21	22 Center Closed	23 Center Closed	24
						
25	26	27	28	29	30	1
2	3	4	5	6	7	8