



AT HOME ACTIVITIES FOR 2-YEAR OLDS

Language Activities

- Recite the nursery rhyme “Itsy Bitsy Spider” and encourage your child to sing and mimic the actions with you. Encourage your child to change the words and think of other things that the spider could climb, something other than rain and the sun coming out. Recite your child’s version of the nursery rhyme with new actions. Perform the nursery rhyme for the entire family.
- Cut star shapes from paper. Write a letter of the alphabet on each star. Display the stars in a higher area of your home. At nighttime, recite the nursery rhyme “Twinkle, Twinkle Little Star.” Invite your child to recite and mimic the motions with you. Turn down the lights and invite your child to use a flashlight to search for the stars. Encourage him or her to try to identify the letters on them.

Cognitive Activities

- Cut several sets of mitten shapes from colored paper, magazines, newspapers, or old mailings. Hide the mittens throughout your home or in your backyard. Recite the nursery rhyme “Three Little Kittens” and invite your child to find and match the pairs of mittens.
- Search the Internet for a simple playdough recipe that requires only flour, salt, and water. Invite your child to assist you in making playdough. Invite your child to make the body of a spider. Discuss with your child how many legs a spider has and count to the number eight. Provide your child with uncooked spaghetti noodles to use as spider legs. Count along with your child and encourage him or her to put eight legs on the spider

Creative Arts

- Search the Internet for a simple playdough recipe that requires only flour, salt, and water. Invite your child to assist you in making playdough. Gather a variety of kitchen supplies such as a bowl, rolling pin, cookie cutters, plastic knife, spoon, spatula, small cookie pan, a small muffin tin. Recite the nursery rhyme “The Muffin Man” with your child. Invite him or her to pretend to be a baker and share with you his or her creations.
- Provide your child with an empty spray bottle filled with colored or plain water. Invite your child to paint a picture by spraying the water on a large piece of paper or an old bedsheet. Go outside and invite your child to create pictures on the sidewalk, driveway, or wooden fence.