

KIDDIE ACADEMY.®

EDUCATIONAL CHILD CARE

March 2021:

Dear Kiddie Academy Families,

We have wrapped up February and had an eventful month with our Valentine's Day Parties! Our friends got to pass out Valentine's cards, play festive games, and eat some yummy snacks with their friends. Our teachers also had a professional development day in February. The teachers got to hear from Susan Gioia who is an expert in Mindfulness. She talked about what it means to be mindful and how we can practice it ourselves while also teaching our youngest learners how to be mindful. She gave us tools to use including different breathing exercises, strategies to relax our bodies, and ways to respond rather than react. The teachers have been using what they learned by practicing many of these things in their classrooms.

The fun will continue into March with a St. Patrick's Day celebration! We will be doing festive activities the whole week of St. Patrick's Day. We are also doing fun activities for Read Across America Day on the 2nd, National Plant a Flower Day on the 12th, World Water Day on the 22nd, and National Crayon Day on the 31st. We love to throw in some more exciting activities in with our amazing curriculum!

We are also fully taking advantage of the warmer weather and getting some much needed outside time. While the wind chill can make it difficult to go outside in Winter, we will be soaking up as much sun as possible in March. We cannot wait to see what Spring brings us, and we are looking forward to what's to come!

Sincerely,

Casey Dickbernd

Assistant Director – Infant/Toddler Supervisor

