



MARCH 2021

SPECIAL EVENTS

- March 15th: Soccer Academy Starts for our 3's friends.
- March 20th: First Day of Spring
- March 18th: Special Snack
- April 3rd: SPONSERING Des Peres Park Easter Egg Hunt

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THE ACADEMY

Can you believe that it is already March! It has been one full year since Covid-19 started to make such a huge impact on the academy, families, and staff. One year ago, we were forced to shut down one of our Infant Rooms due to low enrollment. This year Beginners One is thriving with 9 new infants joining our KA family over the last two months! We are also welcoming two new infants in March and in April! We are very lucky to be gaining back enrollment thanks to families like yours helping us with great reviews and recommending us to your family and friends. Thank You! Also in Infant land, Ms. Chassidy (Infant/Toddler Supervisor) will be headed off on maternity leave at the beginning of this month. Wish her well as she welcomes her second child into the world!

PROFESSIONAL DEVELOPMENT DAY

In February, all three academies had their bi-annual professional development day. It looked a little different this year, but we were still able to educate your children's teachers further on early childhood education. At this bi-annual PDD we were introduced to the topic Mindfulness- Utilizing as an Educator and Teaching the Child. This topic was introduced to all level teachers. They were given tips on how to improve and teach self-regulation and focus. In our Infant/Toddler Rooms you may have noticed the teachers talk about emotions in the classroom more. They have also been using pictures of different children expressing different emotions. Being mindful for them is being responsive to their needs and helping them understand their emotions. For our older friends, they have been working on slowing down to really notice what they are doing. Different breathing techniques are being introduced and even walks around the playground so the children can point out the different sounds they may hear that they did not notice before. Have you seen any new techniques on your child's daily? Have they mentioned new activities at home focused on mindfulness? We encourage you to try different mindful activities at home too! This can be as simple as going around the table letting everyone say what they are grateful for that day before dinner!

