KIDDIE ACADEMY
EDUCATIONAL CHILD CARE

BREAKFAST MENU-NOVEMBER 2026

MON	TUES	WED	THUR	FRI
2 Chex Apples 1% Milk	**3** WG Bagels & Cream Cheese Apple Sauce 1% Milk	**4** WG French Toast Sticks & Sugar Free Syrup Peaches 1% Milk	**5** Pancakes & Sugar Free Syrup Pears 1% Milk	**6** WG Blueberry Mini Muffins Tropical Fruit 1% Milk
9 Special K Mixed Fruit 1% Milk	**10** Pancakes & Sugar Free Syrup Pears 1% Milk	**11** WG Chocolate Chip Muffins Pinneapples 1% Milk	**12** WG French Toast Sticks & Sugar Free Syrup Mandarins 1% Milk	**13** Chex Apples 1% Milk
16 WG Apple Muffins Peaches 1% Milk	**17** WG French Toast Sticks & Sugar Free Syrup Mandarins 1% Milk	**18** Corn Muffin Mixed Fruits 1% Milk	**19** WG Waffles & Sugar Free Syrup Pears 1% Milk	**20** WG Honey Cheerios Pinneapples 1% Milk
23 WG Bagels & Cream Cheese Apples 1% Milk	**24** WG Honey Cheerios Pears 1% Milk	**25** Pancakes & Sugar Free Syrup Mixed Fruit 1% Milk	**26** WG Blueberry Mini Muffins Peaches 1% Milk	**27** Kix Pinneapples 1% Milk
30 Pancakes & Sugar Free Syrup Mandarins 1% Milk				

Meal Components and Food items	Ages 1-2	Ages 3-5	Ages 6-12
Fluid Milk	4 fluid oz	6 fluid oz	8 fluid oz
Vegetables, Fruits or portions of both	1/4 cup	1/2 cup	1/2 cup
Grains	1/2 oz	1/2 oz	1 oz

WW: Whole Wheat
WG: Whole Grain
Mixed Veggies: Corn, Carrots, Green Beans
Mixed Fruits: Cherries, Pineapple, Peaches, Grapes

Whole Milk is served to children 1-2yr old.
1% Milk is served to children 2-13yrs old.

The USDA prohibits discrimination on the basis of several factors, including race, color, national origin, age, disability, sex, gender identity, religion, reprisal, political beliefs, marital status, familial or parental status, sexual orientation, income from public assistance programs, and protected genetic information. This prohibition applies to USDA's employees, customers, and applicants, as well as any program or activity conducted or funded by the department.

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LUNCH MENU- NOVEMBER 2026

MON	TUES	WED	THUR	FRI
2 Popcorn Chicken French Fries Pears 1% Milk	**3** Mozzarella Sticks Green Beans Apples 1% Milk	**4** Mac & Cheese w/ Wheat Pasta Corn Peaches 1% Milk	**5** Beef Frank-n-Blanket Carrots Pears 1% Milk	**6** WW Pizza Mixed Vegetables Tropical Fruit 1% Milk
9 Dino Nuggets Broccoli Peaches 1% Milk	**10** Beef Salisbury Steak WW Dinner Roll Green Beans Mixed Fruit 1% Milk	**11** Chicken Patty w/WG Bun Mixed Vegetables Pineapples 1% Milk	**12** Chicken Parmesan Corn Mandarins 1% Milk	**13** WW Pizza Carrots Apples 1% Milk
16 Mac & Cheese w/Wheat Pasta Green Beans Peaches 1% Milk	**17** Beef Frank-n-Blanket French Fries Pears 1% Milk	**18** Lasagna w/Meat Sauce WW Dinner Roll Mixed Vegetables Mandarins 1% Milk	**19** Mozzarella Sticks Corn Apples 1% Milk	**20** WW Pizza Mixed Fruit Broccoli 1% Milk
23 Beef Salisbury Steak Corn Pears 1% Milk	**24** Chicken Parmesan Mixed Vegetables Mandarins 1% Milk	**25** Dino Nuggets Broccoli Mixed Fruit 1% Milk	**26** Beef Frank-n-Blanket Carrots Pineapples 1% Milk	**27** Mac & Cheese w/Wheat Pasta Green Beans Peaches 1% Milk
30 Mac & Cheese w/Wheat Pasta Broccoli Pineapples 1% Milk				

Meal Components and Food items	Ages 1-2	Ages 3-5	Ages 6-12
Fluid Milk	4 fluid oz	6 fluid oz	8 fluid oz
Meats/meat alternatives	1 oz	1 ½ oz	2 oz
Vegetables	1/8 cup	1/4 cup	1/2 cup
Fruits	1/8 cup	1/2 cup	1/4 cup
Grains	1/2 oz	1/2 oz	1 oz

WW: Whole Wheat
WG: Whole Grain
Mixed Veggies: Corn, Carrots, Green Beans
Mixed Fruits: Cherries, Pineapple, Peaches, Grapes

Whole Milk is served to children 1-2yr old.

1% Milk is served to children 2-13yrs old.

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SNACK MENU- NOVEMBER 2026

MON	TUES	WED	THUR	FRI
2 Animal Crackers Applesauce Water	**3** Pita Chips Pineapples Water	**4** WG Goldfish Mandarins Water	**5** Pretzels Mandarins Water	**6** Animal Crackers Apples Water
9 Cheez-it Pears Water	**10** Garden Salsa Sun Chips Pineapples Water	**11** Chocolate Chip WG Bar Mixed Fruit Water	**12** WG Pretzel Applesauce Water	**13** WW Tortilla Chips W/Nacho Cheese Peaches Water
16 Pita Chips Pineapples Water	**17** Caramel Rice Cake Chips Mixed Fruit Water	**18** WG Graham Crackers Applesauce Water	**19** Garden Salsa Sun Chips Peaches Water	**20** Chocolate Chip WG Bar Apples Water
23 Cheese & WG Crackers Mixed Fruit Water	**24** WG Goldfish Apples Water	**25** Caramel Rice Cake Chips Peaches Water	**26** Blueberry Granola bar Applesauce Water	**27** Cheez-it Pears Water
30 WG Goldfish Mandarins Water				

Meal Components and Food items	Ages 1-2	Ages 3-5	Ages 6-12
Fluid Milk	4 fluid oz	6 fluid oz	8 fluid oz
Meats/meat alternatives	1/2 oz	1/2 oz	1 oz
Vegetables	1/4 cup	1/2 cup	1/2 cup
Fruits	1/2 cup	1/2 cup	3/4 cup
Grains	1/2 oz	1/2 oz	1 oz

WW: Whole Wheat
WG: Whole Grain
Mixed Veggies: Corn, Carrots, Green Beans
Mixed Fruits: Cherries, Pineapple, Peaches, Grapes

Whole Milk is served to children 1-2yr old.

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