

# Kiddie Academy® Life Essentials® 6 Weeks – 36 Months Curriculum Exceeds Virginia State Standards



APPROACHES TO LEARNING	VA	Life Essentials®
<b>INITIATIVE AND CURIOSITY</b>		
Demonstrates initiative and curiosity in the world around them	✓	✓
<b>ATTENTIVENESS</b>		
Demonstrates the ability to focus on a task		✓
<b>PERSISTENCE</b>		
Demonstrates persistence to complete a task	✓	✓
<b>PROBLEM SOLVING</b>		
Applies strategies to solve problems	✓	✓
<b>CREATIVITY AND INVENTIVENESS</b>		
Demonstrates creativity and imagination	✓	✓
<b>COOPERATION</b>		
Demonstrates cooperative behaviors in stages of play		✓
<b>MEMORY</b>		
Responds to familiar and unfamiliar people, objects, and events		✓
Uses memories and prior knowledge to build new knowledge	✓	✓

SOCIAL AND EMOTIONAL DEVELOPMENT	VA	Life Essentials®
<b>SELF-CONCEPT</b>		
Develops self-awareness	✓	✓
<b>SELF-REGULATION</b>		
Demonstrates self-control	✓	✓
<b>SOCIAL RELATIONSHIPS</b>		
Develops appropriate social skills to establish and maintain positive relationships	✓	✓
<b>EMOTIONAL AND BEHAVIORAL HEALTH</b>		
Demonstrates positive behaviors and engages in self-expression	✓	✓

MATHEMATICAL THINKING	VA	Life Essentials®
<b>NUMBERS AND OPERATIONS</b>		
Develops understanding of numbers and quantities	✓	✓
<b>COUNTING AND CARDINALITY</b>		
Demonstrates beginning ability to count in order to compare and contrast quantities		✓
Uses mathematical thinking to solve problems		✓
<b>GEOMETRY</b>		
Demonstrates beginning understanding of spatial awareness	✓	✓
Explores and identifies basic shapes	✓	✓
<b>MEASUREMENT AND DATA</b>		
Explores and communicates basic measurement attributes	✓	✓
Demonstrates and increased ability to compare, sort, classify, and create patterns	✓	✓

LANGUAGE AND LITERACY	VA	Life Essentials®
<b>ALPHABET AND WORD KNOWLEDGE</b>		
Demonstrates emerging knowledge of the alphabet and environmental print	✓	✓
<b>PHONOLOGICAL AWARENESS</b>		
Demonstrates an early awareness of spoken words and sounds	✓	✓
<b>EMERGENT WRITING</b>		
Demonstrates pre-writing skills	✓	✓
<b>CONCEPTS OF PRINT</b>		
Demonstrates book knowledge and awareness of print	✓	✓
<b>COMPREHENSION</b>		
Attends to and comprehends meaning from stories and informational text read aloud	✓	✓
<b>VOCABULARY</b>		
Demonstrates understanding and responds to communication	✓	✓
<b>RECEPTIVE LANGUAGE</b>		
Responds to familiar and unfamiliar people, objects, and events	✓	✓
<b>EXPRESSIVE LANGUAGE</b>		
Communicates needs and wants using verbal and non-verbal cues		✓

PHYSICAL DEVELOPMENT AND HEALTH	VA	Life Essentials®
<b>FUNDAMENTALS OF HEALTH AND SELF CARE</b>		
Demonstrates increased understanding of healthy and self-care practices	✓	✓
<b>BODY AWARENESS</b>		
Demonstrates awareness of body	✓	✓
Identifies basic body parts		✓
<b>SAFE PRACTICES</b>		
Develops and demonstrates awareness of basic safety routines	✓	✓
<b>FINE MOTOR SKILLS</b>		
Demonstrates hand-eye coordination	✓	✓
Demonstrates strength, coordination, and small muscle control	✓	✓
<b>GROSS MOTOR SKILLS</b>		
Develops large muscle control for movement and exploration	✓	✓
Demonstrates balance, strength, and coordination	✓	✓
<b>NUTRITION</b>		
Demonstrates increasing healthy eating habits		✓
<b>SLEEP HABITS</b>		
Develops healthy sleeping habits		✓
<b>PHYSICAL PLAY</b>		
Engages in active play		✓

CREATIVE EXPRESSION	VA	Life Essentials®
<b>MUSIC AND MOVEMENT</b>		
Engages in musical experiences	✓	✓
<b>DRAMATIC PLAY</b>		
Uses pretend play to demonstrate self-expression and creativity	✓	✓
<b>VISUAL ARTS</b>		
Explores a variety of materials to express self through art	✓	✓

SOCIAL STUDIES	VA	Life Essentials®
<b>SELF, FAMILY, AND COMMUNITY</b>		
Demonstrates and increased understanding of relationships and roles within their family, community, and themselves as members of a group	✓	✓
Demonstrates understanding of acceptable behaviors	✓	✓
<b>HISTORY</b>		
Demonstrates an awareness of time and events	✓	✓
<b>GEOGRAPHY</b>		
Demonstrates awareness of physical features in his/her environment	✓	✓
<b>ECONOMICS AND RESOURCES</b>		
Demonstrates an awareness of community workers		✓
Demonstrates an awareness of economics and the ability to make choices	✓	✓

SCIENTIFIC THINKING	VA	Life Essentials®
<b>LIFE SCIENCE</b>		
Demonstrates an increased understanding of the basic characteristics of living things		✓
<b>EARTH SCIENCE</b>		
Demonstrates awareness and understanding related to the properties of Earth and Space		✓
<b>PHYSICAL SCIENCE</b>		
Uses senses to gain information through observation and exploration	✓	✓
Demonstrates an increased understanding of changes in matter		✓
<b>ENVIRONMENTAL SCIENCE</b>		
Demonstrates an increased understanding of living and non-living things in their environment	✓	✓
<b>THINKING AND REASONING</b>		
Uses their senses and prior knowledge to construct new knowledge	✓	✓
<b>EXPLORATION AND DISCOVERY</b>		
Uses thinking and planning to cause desired effect	✓	✓

The Kiddie Academy infant and toddler curriculum standards exceed those required by your state, and are the most comprehensive compared to many other states across the United States.

# Kiddie Academy® Life Essentials® Preschool/Pre-K Curriculum Exceeds Virginia State Standards



MATHEMATICS	VA	Life Essentials®
<b>NUMBER SENSE</b>		
Recites numbers in order	✓	✓
Associates number names and quantities with written numerals	✓	✓
Determines quantity through one-to-one correspondence and subitizing	✓	✓
Uses the name of the last number counted to identify the number of objects in a set	✓	✓
<b>ORGANIZING DATA</b>		
Sorts, matches, and classifies objects by attributes	✓	✓
Represents data with concrete objects, pictures, and graphs	✓	✓
Creates patterns by repeating a unit	✓	✓
<b>GEOMETRY</b>		
Identifies and describes common shapes and their attributes	✓	✓
Describes directionality, order, and position of objects	✓	✓
Names, draws, and constructs two- and three-dimensional shapes	✓	✓
<b>ALGEBRAIC OPERATIONS</b>		
Demonstrates the concept of addition as putting together or adding to, and subtraction as taking apart or taking away	✓	✓
Counts, compares, and describes two sets of objects using terms such as more, less, same, greater, fewer, or equal	✓	✓
Identifies the new quantity or number created when objects or numbers are combined or separated	✓	✓
<b>MEASUREMENT</b>		
Describes and compares measurable attributes of objects	✓	✓
Uses standard and nonstandard tools to measure objects	✓	✓

SCIENCE AND TECHNOLOGY	VA	Life Essentials®
<b>INQUIRY SKILLS</b>		
Asks questions and makes predictions based on observations and manipulation of materials	✓	✓
Tests predictions through experimentation	✓	✓
Uses simple tools and equipment for investigation	✓	✓
<b>LIFE SCIENCE</b>		
Compares characteristics of living and non-living things	✓	✓
Observes life cycles of plants, insects, and animals	✓	✓
Explores relationships between living things and environments	✓	✓
Identifies body parts and describes their functions	✓	✓
Identifies the five senses and describes their functions	✓	✓
<b>EARTH AND ENVIRONMENT</b>		
Describes properties of natural materials such as rocks, dirt, sand and water	✓	✓
Explores changes in seasons and weather	✓	✓
Observes characteristics of the sun, moon, stars, and sky	✓	✓
Identifies natural and human-made environmental features	✓	✓
Discusses ways to protect the environment	✓	✓
<b>PHYSICAL SCIENCE</b>		
Explores physical properties of objects and their materials	✓	✓
Compares properties of liquids and solids, and how they change when combined, heated, or cooled	✓	✓
Investigates energy sources such as light, heat and electricity	✓	✓
<b>TECHNOLOGY AND ENGINEERING</b>		
Demonstrates safe and proper use of tools and materials	✓	✓
Designs things using simple tools and a variety of materials	✓	✓
Identifies parts and how they connect and affect other parts	✓	✓
Uses simple machines and investigates motion	✓	✓
Uses electronic devices independently and appropriately	✓	✓
Uses technology to communicate, solve problems, and gain information	✓	✓

APPROACHES TO LEARNING	VA	Life Essentials®
Displays initiative, self-direction, and independence	✓	✓
Demonstrates creativity, imagination, and inventiveness	✓	✓
Attends to tasks for brief periods and seeks help as needed	✓	✓
Maintains challenging tasks	✓	✓
Engages in cooperative play	✓	✓
Demonstrates positive social behaviors such as helping, sharing, and taking turns	✓	✓
Follows rules and makes age-appropriate decisions about behavior	✓	✓
Identifies and seeks solutions to problems	✓	✓
Applies what is learned to new situations	✓	✓

PHYSICAL DEVELOPMENT AND HEALTH	VA	Life Essentials®
Develops healthy habits	✓	✓
Demonstrates self-help and hygiene skills	✓	✓
Engages in physical fitness activities and active play	✓	✓
Demonstrates awareness of body and senses	✓	✓
Describes and follows safety rules	✓	✓
Discusses appropriate responses to emergency situations	✓	✓
Uses eye-hand coordination to perform fine motor tasks	✓	✓
Uses tools to draw and write with increasing control	✓	✓
Moves with balance, control, and coordination	✓	✓
Combines movements for gross motor skills	✓	✓

SOCIAL AND EMOTIONAL DEVELOPMENT	VA	Life Essentials®
Recognizes one's own unique personal qualities	✓	✓
Expresses positive feelings and confidence in self and abilities	✓	✓
Regulates personal responses to needs, feelings, and events	✓	✓
Uses coping skills independently	✓	✓
Uses classroom materials appropriately	✓	✓
Develops social skills to maintain positive relationships	✓	✓
Demonstrates positive behaviors and expresses emotions appropriately	✓	✓

SOCIAL STUDIES	VA	Life Essentials®
<b>SELF, FAMILY, AND COMMUNITY</b>		
Demonstrates awareness of self as a unique individual	✓	✓
Identifies similarities and respects differences among people and how they live	✓	✓
Recognizes that people belong to families, and that family structures may vary	✓	✓
Develops appreciation for one's own culture and other cultures	✓	✓
<b>HISTORY</b>		
Recognizes events that happened in the past	✓	✓
Discusses how things, people and places change over time	✓	✓
<b>GEOGRAPHY</b>		
Explores environments where people live, work and play	✓	✓
Demonstrates how maps and globes are used to locate places	✓	✓
Describes the roles of transportation and communication in connecting people and places	✓	✓
<b>CITIZENSHIP</b>		
Discusses reasons for rules and laws	✓	✓
Engages in group decision-making	✓	✓
Identifies symbols, practices, and traditions associated with one's hometown, state, and the United States of America	✓	✓
<b>ECONOMICS AND RESOURCES</b>		
Discusses how trade and money are used to obtain goods and services	✓	✓
Recognizes wants versus basic necessities	✓	✓
Describes roles and contributions of community workers	✓	✓

LANGUAGE AND LITERACY	VA	Life Essentials®
<b>ALPHABET AND PHONOLOGICAL AWARENESS</b>		
Recognizes uppercase and lowercase letter symbols	✓	✓
Recognizes some sounds associated with letters	✓	✓
Identifies initial and final sounds in spoken words	✓	✓
Identifies, blends, and segments syllables	✓	✓
Recognizes rhyming words in spoken language	✓	✓
Begins to recognize familiar words and environmental print	✓	✓
<b>WRITTEN LANGUAGE</b>		
Produces scribbles, letter-like shapes, symbols, or letters to convey meaning	✓	✓
Begins to print letters of own name	✓	✓
Uses a combination of drawing, dictation and developmentally appropriate writing to record ideas	✓	✓
<b>COMPREHENSION</b>		
Identifies main characters and major events in a story	✓	✓
Sequences events by retelling, dramatizing, drawing, writing	✓	✓
Compares and contrasts characters from familiar stories	✓	✓
Explains how illustrations and photographs support the text	✓	✓
<b>CONVENTIONS OF ENGLISH</b>		
Uses increasingly complex sentences and vocabulary	✓	✓
Determines meaning of unknown words using context clues	✓	✓
Describes familiar people, places, things, and events	✓	✓
Develops understanding of the conventions of Standard English grammar and usage	✓	✓
Uses question words appropriately	✓	✓
Uses complete sentences of varying length	✓	✓
<b>ORAL LANGUAGE</b>		
Speaks clearly to be understood in a variety of settings	✓	✓
Participates in and extends conversations	✓	✓
Asks questions to seek help or obtain information	✓	✓
Demonstrates understanding by following oral directions	✓	✓
<b>ENGLISH LANGUAGE LEARNERS</b>		
Engages in various forms of non-verbal communication	✓	✓
Responds to increasingly complex English vocabulary	✓	✓
Begins to use single English words and simple phrases to communicate meaning	✓	✓
<b>WORLD LANGUAGES</b>		
Discusses how people use different languages (including sign language) to communicate	✓	✓
Expresses simple words, phrases, and greetings in a language other than one's own	✓	✓

CREATIVE ARTS	VA	Life Essentials®
<b>MOVEMENT AND DANCE</b>		
Expresses concepts, ideas, or feelings through movement	✓	✓
Participates in cultural music and movement activities	✓	✓
<b>MUSIC</b>		
Participates in music activities by listening, singing, performing	✓	✓
Experiments with a variety of musical instruments	✓	✓
Describes various musical tempos and styles	✓	✓
<b>DRAMA AND STORYTELLING</b>		
Uses dialogue, movements, and objects to tell a story or express thoughts and feelings	✓	✓
Displays creativity and imagination while acting out roles in dramatic play situations	✓	✓
<b>VISUAL ARTS</b>		
Uses a variety of materials and techniques to create art forms	✓	✓
Represents thoughts, feelings, experiences, and/or knowledge in artistic creations	✓	✓
Discusses one's own art as well as the art of others	✓	✓

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